

## List of Services Requiring Pre-certification by American Health Holding ARKANSAS STATE AND PUBLIC SCHOOL MEMBERS ONLY

Effective 10/1/2009

Below is a revised list of services that require pre-certification by American Health Holding. Prior to rendering any of the following services, providers must obtain an authorization number from American Health Holding (1-800-592-0358). Clinical information will be required before an authorization number will be issued. If you call without the clinical information or further review is required, a reference number will be issued. **The reference is not an authorization number.** Services should not be rendered until an authorization is received. Any service listed below that is provided without a valid authorization by American Health Holding will be denied.

1. Acute Inpatient Hospital Admissions (includes Medical, Surgical, Obstetrics, Mental Health, Substance Abuse)
2. Inpatient Medical Rehabilitation
3. Skilled Nursing Facility (SNF)
4. Neuro/Psych Residential Treatment
5. Residential Mental Health/Substance Abuse
6. Outpatient Surgery
  - Pre-certification is required for the following procedures:
    - 1) Intradiscal Electrothermal Therapy (IDET)
    - 2) Septoplasty/Rhinoplasty
    - 3) Uvulopalatopharyngoplasty (UPPP)
    - 4) Varicose vein excision and ligation –pre-cert required for services in OP setting and in MD office locations
    - 5) Blepharoplasty and/or brow lift
    - 6) Mastectomy for Gynomastia only
    - 7) Mammoplasty (reduction or augmentation)
    - 8) Panniculectomy
    - 9) Scar revision outside doctor's office
7. Outpatient Diagnostic
  - i. MRI – Magnetic Resonance Imaging
  - ii. CT – Computerized Tomography
  - iii. CTA – Computerized Tomography - Angiography
  - iv. MRA – Magnetic Resonance Angiography
  - v. PET Scan – Positron Emission Tomography
8. Outpatient Physical Therapy, Occupational Therapy, Speech Therapy (includes these services performed in a physician's office or home setting.)
9. Outpatient Mental Health/Substance Abuse
10. Physician Office Mental Health/Substance Abuse
11. Home Health Services
12. Durable Medical Equipment (DME)
  - 1) Spinal Cord Stimulators
  - 2) Continuous Glucose Monitoring Devices
  - 3) Defibrillator Vests
  - 4) Power Mobility Devices
13. Transplants
  - 1) Pre-notification is required for all solid organ and stem cell transplants.
  - 2) All transplants, except kidney and cornea, must be approved by the Health Advantage Transplant Coordinator, regardless of approval from AHH. Please contact Health Advantage at 800-225-1891 in addition to contacting AHH