

ARKANSAS STATE AND PUBLIC SCHOOL MEMBERS ONLY
List of Services Requiring Pre-certification by American Health Holding
Effective 10/1/2009

Below is a revised list of services that require pre-certification by American Health Holding. Prior to rendering any of the following services, providers must obtain an authorization number from American Health Holding (1-800-592-0358). Clinical information will be required before an authorization number will be issued. If you call without the clinical information or further review is required, a reference number will be issued. **The reference is not an authorization number.** Services should not be rendered until an authorization is received. Any service listed below that is provided without a valid authorization by American Health Holding will be denied.

Durable Medical Equipment

Spinal Cord Stimulators and implantation
Defibrillator Vests
Continuous Glucose Monitoring Devices
Power Mobility Devices

High Tech Radiology

CT/CTA
MRA
MRI
PET Scan

Medical Services

Inpatient Admissions
Skilled Nursing facility
Occupational Therapy
Physical Therapy
Speech Therapy
Cognitive Rehabilitation
Acute Inpatient Hospitalization (medical, surgical, obstetrics, mental health)
Home Health Services (including Enteral feeding)
Inpatient Rehabilitation

Medical Procedures

IDET
Rhinoplasty
Mammoplasty
Panniculectomy
UPPP (Uvulopalatopharyngoplasty)
Blepharoplasty and/or brow lift
Gynecomastia Reduction
Varicose vein treatment (outpatient and doctor's office)
Scar revision outside a doctor's office