

PROVIDER NOTIFICATION OF POLICY CRITERIA CHANGE					
POLICY TITLE	POLICY NUMBER	CRITERIA CHANGE	MATERIAL AMEUREMENT	EFFECTIVE DATE	LINK TO FULL POLICY
Treatment for Duchenne Muscular Dystrophy (e.g., Eteplirsen, Golodirsen, Vitolarsen, and Casimersen)	2016023	Coverage criteria update. Coverage criteria added for Viltolarsen (e.g., Viltepso) for individuals 4 to 9 years of age.	No	11/15/2025	https://secure.arkansasbluecross.com/members/report.aspx?policyNumber=2016023
Cardiac and Coronary Artery Computed Tomography, CT Derived Fractional Flow Reserve and CT Coronary Calcium Scoring	2005010	<p>Coverage criteria revised for CCTA</p> <p>Coronary CT Angiography (CCTA)</p> <p>Coronary CT Angiography (CCTA) meets member benefit certificate primary coverage criteria that there be scientific evidence of effectiveness in improving health outcomes for the following indications:</p> <ul style="list-style-type: none"> Patients with abnormal or inconclusive exercise treadmill test (performed without imaging) who have not undergone evaluation for CAD since the treadmill test <ul style="list-style-type: none"> Abnormal findings on an exercise treadmill test include chest pain, ST segment change, abnormal blood pressure response, or complex ventricular arrhythmias) Provided that criteria for positivity (as outlined above) are not present, an exercise EKG test is deemed to be inconclusive when target heart rate was not reached or when the protocol could not be completed for other reasons (e.g. non-cardiac symptoms, inability to walk on a treadmill, other safety concerns. Preoperative cardiac evaluation of patients undergoing non-emergency non-cardiac surgery (includes surveillance for CAD in patients awaiting solid organ transplant) <p>EITHER of the following scenarios (1 or 2)</p>	No	11/15/2025	https://secure.arkansasbluecross.com/members/report.aspx?policyNumber=2005010

		<p>1. Surgeries Other Than Solid Organ Transplant</p> <p>a. At least two (2) of the following:</p> <ul style="list-style-type: none"> ▪ Age \geq 75 years ▪ History of heart disease (myocardial infarction [MI], PCI, cardiac surgery, heart failure, atrial fibrillation, or moderate/severe valvular disease confirmed by echocardiography) ▪ Angina or dyspnea ▪ Hemoglobin <12 g/dl ▪ The proposed surgery is vascular <p>And</p> <p>b. Poor or unknown functional capacity</p> <p>And</p> <p>c. The proposed surgery is an elevated risk procedure*</p> <p>*All surgical procedures EXCEPT those listed below are considered elevated risk:</p> <ul style="list-style-type: none"> ▪ ophthalmologic ▪ dental ▪ endoscopic (including arthroscopic) ▪ endocrine ▪ breast ▪ obstetric /gynecological ▪ dermatological <p>Note: It is assumed that those who require emergency surgery will undergo inpatient preoperative evaluation.</p> <p>Prior to considering elective surgery, patients with active cardiac conditions such as unstable coronary syndromes (unstable angina), decompensated heart failure (NYHA class IV, worsening or new onset heart failure), significant arrhythmias (third</p>			
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		degree AV block Mobitz II AV block, uncontrolled supraventricular arrhythmia, symptomatic ventricular arrhythmias, ventricular tachycardia), symptomatic bradycardia or severe stenotic valvular lesions-should be evaluated and managed per ACC/AHA guidelines. That evaluation may include CCTA.			
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